

James Knight @ The Plough Shepreth

Lunch: 12:00pm-2:30pm Monday to Saturday - Supper: 6:00pm-9:00pm Monday to Saturday
Seasonal Sunday Lunch Menu available 12:00pm-3:00pm every Sunday

Starter (or light lunch)

Soup of the day white or granary crusty bloomer <i>(can be served with gluten free bread)</i>	£5.00
Game terrine red onion chutney, toasted granary	£6.50
Soused mackerel pickled vegetables, dill mustard sauce, toasted granary <i>(can be served with gluten free bread)</i>	£6.50
Mushroom arancini (v) harissa tomato dip, peppery rocket leaves	£6.00

Served Lunchtime Only

Toasties, Sarnies and Wraps - all served with handmade root vegetable crisps

Leek Welsh rarebit – on white or granary bloomer	£7.00
Hot salt beef sandwiches, mustard mayo, gherkins – on white or granary bloomer	£7.00
Haddock goujon sandwich, tartare sauce – on white or granary bloomer <i>(can be served with gluten free bread)</i>	£7.00
Sausage sarnie, handmade brown sauce – on white or granary bloomer	£7.00
Spiced chickpea wrap, grated carrot, spinach, hummus <i>(vegan)</i> <i>(can be served with gluten free bread)</i>	£7.00

Flammkuchen - *(Can be made with a gluten-free pizza base)*

Classic £10.00
smoked bacon, caramelised onion, crème fraiche, gruyere cheese

Field mushroom (v) £10.00
caramelised onion, crème fraiche, gruyere cheese

Flatbreads - *(Can be made with a gluten-free pizza base)*

Moroccan spiced £11.00
spiced slow-cooked shoulder of lamb, red onion, cherry tomatoes, feta, tzatziki, pomegranate

Garlic and chilli tiger prawns £11.00
spinach, lime and coriander yoghurt dressing

Aubergine (v) £10.00
chargrilled aubergine, roasted tomato, feta, baba ganoush, molasses, red onion

Fish & chips *(Fridays only – lunch, supper & take-away)* £12.50
beer-battered haddock fillet, proper chips, mushy peas

Main (most mains may be adapted and half sized to suit children)

Harlton steak burger <small>(can be served with gluten free roll)</small> brioche bun, cheese, salad, pickles, French's mustard, ketchup, fries	£12.50
Buttermilk chicken burger brioche bun, pickled cabbage, baby gem lettuce, spiced mayonnaise, fries	£12.50
Sirloin steak <small>(gluten free)</small> Café de Paris butter, dressed watercress, fries	£15.50
Neatball Masala <small>(vegan)</small> veggie balls infused with umami, spicy masala sauce, organic brown rice, pickled carrot ribbons	£13.00
Salmon fishcake poached and hot smoked salmon, free-range egg, capers and dill, crispy kale, Dublin Bay prawn beurre blanc	£14.50
Sausage and mash Barkers Bros Butchers pork sausages, creamy mashed potatoes, seasonal greens, caramelised red onion gravy	£12.50
Veggie sausage & mash <small>(v – can be served vegan)</small> lentil, vegetable and sage sausages, creamy mashed potatoes, seasonal greens, caramelised red onion gravy	£12.50

Today's Specials

Pan roasted lamb rump <small>(gluten free)</small> charred Brussels sprouts, sauté potatoes, salsa verde	£15.50
Pie of the day creamy mashed potatoes, seasonal greens, caramelised red onion gravy	£13.50
Natural smoked haddock <small>(gluten free)</small> wilted spinach, creamed potatoes, poached egg, beurre blanc	£14.50
Sweet potato curry, tarka dhal <small>(v - can be served vegan without flatbread and raita)</small> basmati rice, flatbread, raita <small>(can be served gluten free without flatbread)</small>	£13.50

Sides

Fries <small>(vegan) (gluten free)</small>	£3.50
Flammkuchen garlic bread <small>(vegan) (can be made with gluten-free pizza base)</small>	£5.00
Gruyere Flammkuchen garlic bread <small>(v) (can be made with gluten-free pizza base)</small>	£6.00
Buttered sauté seasonal greens <small>(v - can be served vegan) (gluten free)</small>	£3.50
Rocket and parmesan salad <small>(v - can be served vegan) (gluten free)</small>	£3.50

Dessert

Sticky toffee pudding <small>(v)</small> caramel sauce, vanilla ice cream	£6.00
Chocolate orange fondant <small>(v)</small> candied orange, vanilla ice cream	£6.00
Apple and mixed berry crumble <small>(v)</small> Custard or vanilla ice cream	£6.00
Yuzu panacotta <small>(v)</small> mandarin compote, black sesame <small>(gluten free)</small>	£6.00
Selection of ice creams <small>(v)</small> vanilla, double chocolate, strawberry, salted caramel <small>(gluten free)</small>	(per scoop) £1.75