

James Knight @ The Plough Shepreth

Monday to Saturday: Lunch: 12:00pm-2:30pm - Supper: 6:00pm-9:00pm
Seasonal Sunday Lunch Menu available 12:00pm-3:00pm every Sunday



Starter (or light lunch)

***Please note on Fridays these starters are replaced by those on the Specials Menu**

Soup of the day white or granary crusty bloomer <i>(can be served with gluten free bread)</i>	£5.00
Lamb breast dippers tomato and mint fondue	£6.50
Hot smoked salmon and roasted beetroot salad horseradish dressing	£6.50
Hummus & marinated olives (v) <i>(can be served with gluten free bread)</i> pitta bread, carrot sticks	£6.00
Halloumi fries tartare sauce	£6.00

Served Lunchtime Only

Toasties and Sarnies - all served with handmade root vegetable crisps

Leek Welsh rarebit – on white or granary bloomer	£7.00
Hot salt beef sandwiches, mustard mayo, gherkins – on white or granary bloomer <i>(can be served with gluten free bread)</i>	£7.00
Haddock goujon sandwich, tartare sauce – on white or granary bloomer	£7.00
Sausage sarnie, handmade brown sauce – on white or granary bloomer	£7.00
Coronation chickpea sandwich (v- <i>can be served vegan with vegan mayonnaise</i>) - on white or granary bloomer, iceberg lettuce and sambals <i>(can be served with gluten free bread)</i>	£7.00

Flammkuchen - *(Can be made with gluten-free pizza base)*

Classic smoked bacon, caramelised onion, crème fraiche, gruyere cheese	£10.00
Field mushroom (v) caramelised onion, crème fraiche, gruyere cheese	£10.00

Flatbreads - *(Can be made with gluten-free pizza base)*

Moroccan spiced spiced slow-cooked shoulder of lamb, red onion, cherry tomatoes, feta, tzatziki, pomegranate	£11.00
Garlic and chilli tiger prawns spinach, lime and coriander yoghurt dressing	£11.00
Aubergine (v) chargrilled aubergine, roasted tomato, feta, baba ganoush, molasses, red onion	£10.00

Fish & chips <i>(Fridays only – lunch, supper & take-away)</i> beer-battered haddock fillet, proper chips, mushy peas, tartare sauce	£12.50
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Main (most mains may be adapted and half sized to suit children)

Harlton steak burger <i>(can be served with gluten free roll)</i> brioche bun, cheese, salad, pickles, French's mustard, ketchup, fries	£12.50
Buttermilk chicken burger brioche bun, pickled cabbage, baby gem lettuce, spiced mayonnaise, fries	£12.50
Smoky barbecue beet burgers <i>(vegan)</i> brioche bun, baby gem lettuce, caramelised onion, sweet and tangy maple BBQ sauce, fries	£12.50
Sirloin steak <i>(gluten free)</i> peppercorn sauce, dressed watercress, fries	£15.50
Crab linguine white crab meat, garlic, chilli, parsley, extra virgin olive oil	£13.50
Sausage and mash Barkers Bros Butchers pork sausages, creamy mashed potatoes, seasonal greens, caramelised red onion gravy	£12.50
Veggie sausage & mash <i>(v – can be served vegan)</i> lentil, vegetable and sage sausages, creamy mashed potatoes, seasonal greens, caramelised red onion gravy	£12.50
Pie of the day creamy mashed potatoes, seasonal greens, caramelised red onion gravy	£13.50

Specials

Please ask to see our daily specials menu – *(Fish Specials every Friday)*

Sides

Fries <i>(vegan) (gluten free)</i>	£3.50
Flammkuchen garlic bread <i>(vegan) (can be made with gluten-free pizza base)</i>	£5.00
Gruyere Flammkuchen garlic bread <i>(v) (can be made with gluten-free pizza base)</i>	£6.00
Buttered sauté seasonal greens <i>(v - can be served vegan) (gluten free)</i>	£3.50
Rocket and parmesan salad <i>(v - can be served vegan) (gluten free)</i>	£3.50

Dessert

Sticky toffee pudding <i>(v)</i> caramel sauce, vanilla ice cream	£6.00
Apple crumble <i>(v)</i> vanilla ice cream	£6.00
Treacle tart <i>(v - can be served vegan with lemon sorbet)</i> vanilla ice cream	£6.00
Selection of ice creams <i>(v)</i> vanilla, double chocolate, strawberry, salted caramel <i>(gluten free)</i>	(per scoop) £1.75