





AS PART OF "OUT OF AFRICA" MONTH AT THE PLOUGH WE'RE HAVING A PARTY TO HELP RAISE MONEY TO FUND TWO LOCAL STUDENTS TO TAKE PART IN A "WORLD CHALLENGE" TRIP TO GHANA TO WORK ON SOCIAL PROJECTS IN SCHOOLS AND VILLAGES. THE TRIP TAKES PLACE IN 2016 AND THE STUDENTS NEED TO RAISE £2,500 EACH TO FUND THEMSELVES:

WWW.WORLD-CHALLENGE.CO.UK/EXPEDITION-DESTINATIONS/AFRICA/GHANA

WE HAVE ACCIDENTAL CHEF, ACTIVIST, CAMPAIGNER & EDUCATOR **THEODORE MENELIK** ON BOARD AS CHEF AND EVENT ADVISOR: WWW.MENELIKPARTNERSHIP.ORG

AFRICAN BAND **AFRO TEMA**
WILL PLAY FROM 8 – 11PM

THEODORE WILL HOLD AN **AFRICAN DANCE CLASS** ON THE TERRACE AT 9PM

THERE WILL BE A SMALL "WORLD CHALLENGE" EXHIBITION & VIDEO RUNNING UPSTAIRS IN THE RHEE GALLERY AND THE STUDENTS WILL MAKE A 5-MINUTE PRESENTATION ABOUT THEIR TRIP JUST BEFORE SUPPER IS SERVED

MENU

MARINATED CHICKEN BREAST

PAN-FRIED PLANTAIN

RED BEANS AND TOMATO SAUCE

FRIED BEEF WITH SPICY TOMATO SAUCE
(MILD TOMATO SAUCE AVAILABLE)

JOLLOF RICE

WEST AFRICAN SPINACH IN PEANUT BUTTER SAUCE
(PLAIN SPINACH AVAILABLE)

CARAMELISED BANANA
FRESH MANGO
RASPBERRY SAUCE ICE CREAM

TICKETS ARE £25 PER HEAD IN ADVANCE
(TICKET INCLUDES MENU, MUSIC & DANCE CLASS)
TABLES AVAILABLE TO BOOK FOR 2-10 PEOPLE

please wear gold, red or green...

